Referral Criteria for the Intestinal Failure Unit at St Mark’s Hospital

Many abdominal aetiologies that may cause malnutrition or dehydration:

- Crohn’s disease/ IBD
- Mesenteric infarction
- Surgical complications
- Motility disorder
- Radiation enteritis
- Scleroderma
- Active malignancy
- FAP/ desmoid

1. **Short bowel** especially if less than 30cm remaining jejunum or a stomal output greater than **4L/ 24hours** on treatment
2. **Enterocutaneous fistula** (often in a dehisced abdominal wound) or persisting abdominal sepsis
3. Small bowel **obstruction** not relieved or not appropriate for surgery
4. Small bowel **dysfunction**
5. Other
   a. Venous access – difficult access or central vein thrombosis
   b. Recurrent catheter-related sepsis
   c. Associated or co-existing liver or renal disease
   d. Psychosocial problems
6. Any nutritional or fluid problem that relates to the gut and is outside the expertise of the referring hospital

PLEASE NOTE THAT WE DO NOT ACCEPT REFERRALS FOR PATIENTS IN INTENSIVE CARE UNITS. PLEASE CALL THE INTESTINAL FAILURE UNIT ON 0208 235 4120 TO DISCUSS YOUR PATIENT BEFORE MAKING A REFERRAL.